

BBQ Feast Sunday Menu
Synod Sunday, May 24, 2019

BBQ DINNER MENU

- ❖ Potato Salad w/bacon & egg
- ❖ Potato Salad no bacon or egg
- ❖ Thai Cucumber Salad
- ❖ Freshly baked kaiser/frank buns
- ❖ Cake (regular and gluten free)
- ❖ Choice of Beef Burger, Garden Burger, ¼ lb Frank **OR** Quinoa Entrée Salad
 - BBQ beef burger
 - Quarter pound all beef frank
 - Garden burger
 - Quinoa Entrée Salad
- ❖ Coffee, Tea & Lemonade (sugar-free available)

Vegetarian – Garden Burger, Potato Salad (no bacon or egg pieces), Cucumber Salad

Vegan – Quinoa Entrée Salad (please choose on registration form), Cucumber Salad

Gluten Free – Frank (no bun), Quinoa Salad, Potato Salad, Cucumber salad (GF Cake available)

Diabetic- most options are fine, sugar-free lemonade

Dairy Free – Garden Burger, Frank, Quinoa Salad, Cucumber Salad

*Please note: We have tried to accommodate most dietary considerations. Due to the large number of participants, we are unable to provide for every concern. It is hoped that by providing the menus, participants can prepare accordingly.

*In some cases, there is increased cost for certain menu options. We are happy to provide them, but ask that they are requested on the registration form so that we can ensure the proper number requested without incurring waste or additional cost.

Your understanding is greatly appreciated.